

The Beginnings of Buddhism

Section 3

Introduction



- Hindu Prince- always surrounded with wealth and beauty

- Escaped from palace at age 30- saw

- Left life of luxury to find cause of

The Buddha and His Teachings

- The Search for Understanding
 - 1st talked to Hindu philosophers- didn't like idea that only _____ could achieve brahman
 - _____ (focus the mind inward to find spiritual awareness) for 49 days under a fig tree while fasting
 - 45 years traveled and taught- followers called him Buddha which means “ _____ ”

The Buddha and His Teachings

- The Middle Way

- Follow the _____

- Suffering caused by _____ desires for power, wealth, and pleasure
 - To avoid these things- one must learn to be _____, _____ correctly, and develop their _____

The Eightfold Path

1. Right _____ - understand Buddhism
2. Right _____ - commit to practice Buddhism
3. Right _____ - don't lie or be mean
4. Right _____ - don't steal, kill, or hurt people
5. Right _____ - don't take jobs that contradict Buddhism
6. Right _____ - be positive!
7. Right _____ - aware of body, feelings, and thoughts
8. Right _____ - meditate to answer problems

The Buddha and His Teachings

- Release from Reincarnation
 - If you follow the Eightfold Path, suffering will end
 - You will find _____ (lasting peace)
 - Released from reincarnation

The Buddha and His Teachings

- Followers of Buddhism
 - All people are _____ - anyone could achieve nirvana
 - Appealed to Hindus in _____
 - Buddhist priests- live in _____ - difficult but anyone could do it
 - Learn to meditate and teach
 - Became _____ - people who spread their religious beliefs to others

Buddhism Inside and Outside India

- Hindus and Buddhists: Shared Beliefs
 - Don't _____ living creatures
 - _____
 - Some Hindus thought Buddha was Vishnu
- Buddhism Spreads to Other Countries
 - Died out in India- powerful people went back to Hinduism
 - Missionaries and traders moved it throughout Asia
 - China, Korea, Japan....Tibet and Vietnam too