- Atlantic Provinces
 - Fishing- Labrador, Nova Scotia, PEI, New Brunswick
 - Overfishing decreased industry
 - Now ppl work in manufacturing, mining, and tourism
 - Halifax, Nova Scotia- major shipping center

- Central and Eastern Region
 - Quebec and Ontario
 - Quebec- paper and hydroelectric power
 - Montreal- on St. Lawrence River- major port, financial, and industrial center
 - Outside businesses reluctant to invest in Quebec- worry about political issues
 - Ontario- most population and wealth in Canada
 - · Agricultural, manufacturing, forestry, and mining
 - Toronto- capital- business center- diverse- immigrants from 170 countries

- The West
 - Manitoba, Sasketchewan, Alberta- farming and ranching
 - Wheat, oil, natural gas
 - British Columbia- forestry- world's largest producer of newsprint
 - Mining, fishing, tourism also
 - Vancouver- capital- major Pacific port

- The North
 - -1/3 of the country
 - Yukon Territory, Northwest Territories, Nunavut
 - Population 25,000- mostly indigenous
 - Mineral resources- gold and diamond